

McFarland Community Food Pantry - November 2022 Shopping List

Name: \_\_\_\_\_ # in Household: \_\_\_\_\_ Date: \_\_\_\_\_

Item	Quantity	Item	Quantity	Item	Quantity
<b>CANNED VEGETABLES</b>		<b>CANNED PASTA/STEW</b>		<b>MISC-LIMITED ITEMS</b>	
Asparagus		Beef Stew		Covid Home Test (2 pack)	
Beets		Chili w/o beans		9W LED bulbs-4pack	
Carrots		Chili with Beans		(60 watt equiv)	
Corn		Chicken/Turk chili w/beans			
Creamed Corn		Pasta - no meat			
Green Beans		Pasta with meat		<b>BOXED PASTA</b>	
Green Beans-French		Ravioli/Mini-Ravioli		Elbow Macaroni	
Mixed Vegetables		Spaghetti & Meatballs		Egg Noodles	
Mushrooms				Gemelli	
Peas		<b>CANNED/DRIED FRUIT</b>		Lasagna	
Peas & Carrots		Applesauce		Penne	
Potatoes		Cranberry Sauce		Ribbons w/Spinach	
Sauerkraut		Fruit Cocktail		Rotini	
Spinach		Mandarin Oranges		Shells	
		Peaches		Spaghetti Noodles	
<b>CANNED BEANS</b>		Pears			
Baked Beans		Pineapple		Macaroni & Cheese	
Baked Beans-Veget		Pumpkin			
Black Beans		Raisins		<b>MEAL HELPER</b>	
Cannellini Beans				Chicken	
Chick Peas/Garbanzo		<b>NUTS (1/visit)</b>		Ground Beef	
Chili Beans		Walnuts		Tuna	
Great Northern					
Kidney Beans				<b>BOXED SIDES--When Available</b>	
Lentil		<b>RICE</b>		Noodles	
Pinto		Brown		*Alfredo	
Red Beans & Rice		Instant		*Cheddar Broccoli	
Refried Beans		White 1lb/2lb		*Chicken	
Vegetarian Beans				*Parmesan	
		<b>DRIED BEANS</b>			
<b>CANNED MEAT</b>		Lentils		Rice	
Chicken (limit 3)		Red/Kidney Beans		*Beef	
Corned Beef Hash		Split Pea - Green		*Cheddar Broccoli	
Manwich Sauce		Split Pea - Yellow		*Chicken	
Pork				*Garlic Parmesan	
Spam (limit 1)		<b>BAKING</b>		*Spanish/Mex	
Tuna (limit 3)		Flour			
		Sugar		<b>RAMEN NOODLES</b>	
		Vegetable Oil		Beef	
				Chicken	
				Shrimp	

Item	Quantity	Item	Quantity	Item	Quantity
<b>TOMATO RELATED</b>		<b>JUICE</b>		<b>BREAD</b>	
Diced Tomatoes		Apple (Limit One)		White	
Spag Sauce w/o meat				Wheat	
Tomato Paste					
Tomato Sauce		<b>MILK/ENSURE</b>			
		Milk-Instant Dry		<b>REFRIGERATED</b>	
<b>BOXED POTATOES</b>		Milk-Shelf Stable (8oz)		Butter/Margarine	
Augratin				Cheddar, Block	
Mashed				Eggs	
Scalloped		<b>PERSONAL ITEMS</b>		Milk	
		Adult Underwear		Milk	
Stuffing		Bar Soap		Yogurt - Asst Flavors	
		Conditioner(1 month)			
<b>CANNED GRAVY/BROTH</b>		Deodorant M/F			
Beef Broth		Personal-Mini Pads			
Chicken Broth/Stock		Shampoo (1/month)			
Turkey Gravy		Toothbrush		<b>FROZEN - As Available</b>	
		Toothpaste (1/month)		Chicken - Dark Meat	
<b>CANNED SOUP</b>				Chicken - White Meat	
Chicken & Rice				Chicken - Ground	
Chicken Noodle				Chicken - Whole	
Cream of Chicken		<b>HOUSEHOLD ESSENTIALS</b>		Turkey - Ground	
Cream of Mushroom		Facial Tissues			
Tomato		Hand Sanitizer		Beef	
Vegetable		Paper Towels (1/visit)		Ground Beef	
		Toilet Paper (1/visit)		Pork Chops	
<b>BREAKFAST ITEMS</b>					
Cheerios				Pollock Fillets	
Rice Krispies/Crisp Rice		Dish Soap		Tilapia Fillets	
Other Cereal - No Sugar		<b>(3rd and 4th week only)</b>		Fish Sticks	
Other Cereal - Sugared					
		Laundry Soap		Pizza, if available	
Corn Muffin Mix		<b>(1st and 2nd week only)</b>			
Instant Oatmeal					
Instant Oatmeal Packets				<b>MISC FROZEN</b>	
Oatmeal - slow cook		<b>PRODUCE</b>		Carrots	
Pancake Mix		Apples		Corn	
Pancake Syrup		Bananas			
		Onions			
<b>PEANUT BUTTER/JELLY</b>		Oranges			
Jam/Jelly - Grape		Potatoes			
Jam/Jelly - Strawberry		Sweet Potatoes			
Peanut Butter-Creamy					
Peanut Butter-Crunchy					