

McFarland Community Food Pantry - July 2022 Shopping List

Name: _____ # in Household: _____ Date: _____

Item	Quantity	Item	Quantity	Item	Quantity
CANNED VEGETABLES		CANNED PASTA/STEW		MISC-LIMITED QUANTITIES	
Beets		Beef Stew		Flour	
Carrots		Chili w/o beans		Manwich Sauce	
Corn		Chili with Beans		Pickles	
Creamed Corn		Chili-Vegetarian		Sugar	
Green Beans		Pasta - no meat		Vegetable Oil	
Green Beans-French		Pasta with meat			
Mixed Vegetables		Ravioli/Mini-Ravioli			
Mushrooms		Spaghetti & Meatballs			
Peas		2 Minute Cheese Ravioli			
Peas & Carrots					
Potatoes		CANNED MEAT			
Sauerkraut		Chicken (limit 3)		BOXED PASTA	
Spinach		Corned Beef Hash		Elbow Macaroni	
		Pork		Egg Noodles	
		Salmon (limit 1)		Gemelli	
		Tuna (limit 3)		Lasagna	
CANNED BEANS				Penne	
Baked Beans				Rotini	
Black Beans		CANNED/DRIED FRUIT		Shells	
Chick Peas/Garbanzo		Applesauce		Spaghetti Noodles	
Chili Beans		Cranberry Sauce			
Great Northern		Fruit Cocktail			
Kidney Beans		Mandarin Oranges		Macaroni & Cheese	
Lentils		Peaches			
Pinto		Pears		Ramen Noodles-Beef	
Red Beans & Rice		Pineapple		Ramen Noodles-Chicken	
Refried Beans		Pumpkin		Ramen Noodles-Shrimp	
Vegetarian Beans		Raisins			
DRIED BEANS				TOMATO RELATED	
Lentils		NUTS (1/visit)		Diced Tomatoes	
Red/Kidney Beans		Walnuts		Spag Sauce w/o meat	
Split Pea - Green				Tomato Paste	
Split Pea - Yellow				Tomato Sauce	
		MEAL HELPER			
		Ground Beef			
RICE		Tuna		CANNED GRAVY/BROTH	
White 1 lb/2 lb				Beef Broth	
Brown				Chicken Broth/Stock	
Instant				Turkey Gravy	

Item	Quantity	Item	Quantity	Item	Quantity
BOXED POTATOES		BREAKFAST RELATED		BREAD	
Mashed		Cheerios		White	
Scalloped		Other Cereal - No Sugar		Wheat	
Augratin		Other Cereal - Sugared			
		Rice Krispies/Crisp Rice		REFRIGERATED	
STUFFING				Butter	
		Instant Oatmeal		Cheddar, Block	
BOXED SIDES--When Available		Oatmeal		Cottage Cheese	
Noodles		Corn Muffin Mix		Eggs	
*Alfredo		Pancake Mix		Milk	
*Cheddar Broccoli		Pancake Syrup		Yogurt - Rhubarb	
*Chicken					
*Chicken & Broccoli		HOUSEHOLD ESSENTIALS			
		Adult Underwear		FROZEN - As Available	
Rice		Bar Soap		Chicken - Dark Meat	
*Beef		Conditioner(1 month)		Chicken - White Meat	
*Chicken		Deodorant M/F		Chicken - Ground	
*Spanish/Mex		Disinfectant Wipes		Turkey - Whole	
		Facial Tissues		Turkey - Ground	
		Hand Sanitizer			
CANNED SOUP		Paper Towels (1/visit)		Beef	
Chicken & Rice		Personal - Mini Pads		Hamburger	
Chicken Noodle		Shampoo (1/month)		Pork Roast	
Cream of Chicken		Toilet Paper (1/visit)		Pork Chops	
Cream of Mushroom		Toothbrush			
Tomato		Toothpaste (1/month)		Pollock Fillets	
Vegetable				Whiting Fillets	
				Fish Sticks	
JUICE (Limit One)				Hot Dogs, if available	
Apple		Dish Soap		Pizza, if available	
		<i>(available only 3rd and 4th week)</i>			
MILK/ENSURE				FROZEN KWIK TRIP	
Milk-Instant Dry		Laundry Soap		Southwest MacN Cheese	
Milk-Shelf Stable		<i>(available only 1st and 2nd Week)</i>		Spicy Chicken Penne	
				MISC FROZEN	
PEANUT BUTTER/JELLY/HONEY		PRODUCE		Blueberries	
Jam/Jelly - Grape		Apples		Carrots	
Jam/Jelly - Raspberry		Bananas		Lunchmeat - Turkey	
Jam/Jelly-Blackberry		Onions		Peaches-Ind. Cups	
Peanut Butter-Creamy		Oranges		Peas	
Peanut Butter-Crunchy		Potatoes		Raspberries	
				Tropical Mixed Fruit	